



List of Grocery Stores with Senior Discounts August 2011

A&P Supermarkets

Business Description: A&P Supermarkets is a chain of supermarkets located in Connecticut, Delaware, the District of Columbia, Maryland, New Jersey, New York, and Pennsylvania.

Discount: Customers 55 and older receive a 5% discount every Tuesday on purchases over \$30. Must present coupon and Club Card at time of purchase. (Coupon is available on A&P web site or in local flyers.)

Age Requirement: 55+

Restrictions: Please inquire at the Customer Service desk if the store offers this senior discount program. Participation may vary by location.

www.apfreshonline.com

Bashas Supermarkets

Business Description: Bashas is an Arizona-based, family-owned and -operated grocery chain known for made-from-scratch bakery items, a full-service butcher shop, fresh local produce and award-winning Chefs Entrees.

Discount: Take advantage of Bashas Senior Discount Day. The first Wednesday of every month, customers 55 and older can save an additional 10% off their purchase of \$15 or more in a single transaction.

Age Requirement: 55+

Restrictions: Customers may be asked to present ID for age verification and are required to use their Thank You Card to receive the Senior Discount. Senior Discount is not eligible on prescriptions, alcoholic beverages, tobacco products, postage stamps, gift cards, Western Union, taxes, fuel or lottery tickets.

www.bashas.com

BI-LO Grocery Store

Business Description: Grocery chain operating supermarkets in South Carolina, North Carolina, Georgia and Tennessee.

Discount: Save an extra 5% with the Senior Bonuscard every Wednesday.

Age Requirement: 60+

Restrictions: Discount cannot be used in conjunction with any other percent off discount or promotion. Discount does not apply on purchases of Alcohol, Tobacco, Prescription products, Lottery Tickets, Giftcards, Money Orders, Stamps, Tax or any service.

www.bi-lo.com

Bruno's Supermarkets

Business Description: Bruno's Supermarkets, LLC is an American chain of grocery stores founded in 1932 by Joe Bruno in Birmingham, Alabama.

Discount: 5% discount every Wednesday.

Age Requirement: 60+

Restrictions:

www.brunos.com

Community Markets

Business Description: Community Markets/Fresh Encounter, Inc. operates stores throughout Ohio and eastern Indiana under a variety of banners.

Discount: 5% discount on groceries every Tuesday.

Age Requirement: 60+

Restrictions: Some Restrictions may apply.

www.communitymarkets.com

Compare Foods

Business Description: A small independent supermarket chain with stores in New York, Connecticut, Rhode Island, Georgia, New Jersey, Massachusetts and North Carolina.

Discount: 10% every Wednesday.

Age Requirement: 60+

Restrictions: Participation, discount amount and age requirement may vary by location.

www.comparesupermarkets.com

C-Town Supermarkets

Business Description: C-Town Supermarkets is a chain of independently owned and operated supermarkets in the Northeastern United States. C-Town has 200 stores in five states: New York, New Jersey, Connecticut, Massachusetts, and Pennsylvania.

Discount: Some C-Town Supermarkets provide a 5% discount every Monday, Wednesday and Friday to customers 60 and older.

Age Requirement: 60+

Restrictions: Not all locations participate and the day of the discount, discount amount and age requirement may vary at each location. Contact you local C-Town Supermarket for details.

www.ctownsupermarkets.com

DeCicco Family Markets

Business Description: DeCicco Family Markets has a proud history of bringing the highest quality food the world has to offer to our customers with a friendly, more personal touch.

Discount: 5% discount every Wednesday.

Age Requirement: 60+

Restrictions: Some restrictions may apply.

www.deciccos.com

Earth Fare

Business Description: Earth Fare is a natural & organic market that provides healthier choices for shoppers.

Discount: 5% discount on select days. Contact your local store for more details.

Age Requirement: 60+

Restrictions:

www.earthfare.com

Farm Fresh

Business Description: Supermarket chain operating Virginia and offering a wide variety of services.

Discount: 5% discount on Tuesdays and Thursdays.

Age Requirement: 55+

Restrictions: Discount excludes fuel, pharmacy and tobacco products.

www.farmfreshsupermarkets.com

Foodland

Business Description: Foodland Super Market is Hawaii's largest, locally owned, and operated grocery retailer.

Discount: 5% discount every Thursday at participating Foodland, Sack N Save and Foodland Farms locations in Hawaii.

Age Requirement: 60+

Restrictions: Not valid with any other offer. Excludes purchases on pharmacy prescriptions, postage stamps, bus passes, liquor, tobacco, gift certificates, gift cards, taxes, and bottle fees. Some restrictions apply.

www.foodland.com

Foodland

Business Description: Locally owned and operated stores in West Virginia, Virginia, Maryland Pennsylvania, Ohio, and Kentucky.

Discount: Some Foodland Stores offer a senior discount one day a week. The day of the discount, discount amount and age requirement varies for each store. Please inquire at each store for details. (Most common discount amount is 5% on Tuesdays.)

Age Requirement: 55+

Restrictions: Participation, day of discount, discount amount and age requirement varies for each store.

www.foodlandstores.com

Fred Meyer

Business Description: Fred Meyer is a chain of department/grocery stores located throughout Oregon, Washington, Idaho, and Alaska.

Discount: Receive a 10% discount on the first Tuesday of every month and every Tuesday in November and December.

Age Requirement: 55+

Restrictions: Senior Discount excludes items sold by the pound in Produce, F.G. Meyer Meat & Seafood Markets, F.G. Meyer Deli, and F.G. Meyer Bakery. Also excludes non-private brand

items in Food, Pharmacy, Pet and Health & Beauty Departments Amazon Kindle Wi-Fi and 3G Xbox 360 Kinect hardware and accessories smoking cessation products, candy, alcohol, tobacco, event tickets, postage, lottery, transit services, Western Union Services, money orders, fees, game licenses, phone activation, Fuel Stop purchases, US Forest Service passes and gift cards.

www.fredmeyer.com

Fry's Food & Drug

Business Description: Grocery Store chain operating primarily in Arizona and owned by the Kroger Company.

Discount: Save an additional 10% on the total food bill on the first Wednesday of every month.

Age Requirement: 55+

Restrictions: Must be a member of the Fry's VIP Club. Excludes: prescription drugs, alcoholic beverages, tobacco products, postage stamps, taxes, gift cards and certificates, money orders, Western Union money transfers and money orders, lottery tickets, Ticketmaster purchases or fuel and or items purchased at the fuel centers.

www.frysfood.com

Fulmer Supermarkets

Business Description: Community Markets/Fresh Encounter, Inc. operates stores throughout Ohio and eastern Indiana under a variety of banners.

Discount: 5% discount on groceries every Tuesday.

Age Requirement: 60+

Restrictions: Some Restrictions may apply.

www.communitymarkets.com

Great Scot Supermarkets

Business Description: Community Markets/Fresh Encounter, Inc. operates stores throughout Ohio and eastern Indiana under a variety of banners.

Discount: 5% discount on groceries every Tuesday.

Age Requirement: 60+

Restrictions: Some Restrictions may apply.

www.communitymarkets.com

Great Valu Foodstores

Business Description: Great Valu Foodstores are Independent Grocers serving communities throughout the Mid-Atlantic.

Discount: 5% discount every Tuesday and/or Wednesday at select locations. Certain Items may be excluded.

Age Requirement: 60+

Restrictions: Great Valu Foodstores are independently owned and operated, and it is up to the individual store to offer a senior discount, thus participation, discount amount and age requirement will vary by store.

www.greatvalu.com

Gristedes

Business Description: Gristedes has been feeding New Yorkers for over 100 years. Stores offer fresh meats, produce, dairy products, baked goods, frozen foods, gourmet foods, and nonfood items.

Discount: 10% discount every Tuesday.

Age Requirement: 60+

Restrictions: Participation, discount amount and age requirement may vary by location.

www.gristedes.com

Grocery Outlet

Business Description: Grocery Outlet specializes in brand name products with bargains only, that meet the needs of our customers by offering 40% to 60% below traditional retailers.

Discount: 10% discount one or two days a month, usually the 2nd and last Wednesday or Thursday of every month. The day of the discount may vary by store.

Age Requirement: 60+

Restrictions: Check with a local store to confirm discount days.

www.groceryoutlets.com

Hannaford

Business Description: Hannaford is an American supermarket chain based in Scarborough, Maine. Hannaford operates more than 150 stores in the Northeast and has over 120 years of experience in the supermarket business.

Discount: 5% discount every Tuesday at select locations only.

Age Requirement: 62+

Restrictions: Participation will vary and some restrictions may apply.

www.hannaford.com

Harris Teeters Grocery Store

Business Description: Harris Teeter is a grocery chain with more than 165 stores in North Carolina, South Carolina, Virginia, Georgia, Tennessee, and Florida.

Discount: Receive a 5% discount on groceries every Thursday.

Age Requirement: 60+

Restrictions: Discount applies after all coupons are deducted. Some restrictions may apply.

www.harristeeter.com

Hy-Vee

Business Description: With more than 220 retail stores in the midwest, Hy-Vee, Inc. offers online floral delivery, catering and cake orders, plus thousands of healthy recipes and meal ideas.

Discount: 5% discount available one day each week. Discount day will vary on store location.

Age Requirement: 55+

Restrictions: Each Hy-Vee store operates independently, thus each store's promotions will vary, such as the option of a senior discount. So it is recommended to check with your local Hy-Vee as to its participation, discount and age requirement.

www.hy-vee.com

Kroger

Business Description: Kroger is an American retail supermarket chain. It is the country's largest grocery store chain.

Discount: Kroger provides the Senior Citizen Reward Club. Seniors receive a 10% discount off of the total purchases on the first Wednesday of every month at select locations.

Age Requirement: 60+

Restrictions: Discount not available in all stores in all areas. See your KROGER store for more details. Excludes all pharmacy, alcoholic beverages, tobacco products, gift certificates, money orders, Ticket master, Western Union money transfer, lottery tickets, etc. Discount not available at Fuel Center.

www.kroger.com

Marsh Supermarket

Business Description: Headquartered in Indianapolis, Marsh operates 78 Marsh Supermarkets and 3 O'Malia's Food Markets in Indiana and Ohio.

Discount: 5% discount one day every week, available at select locations only. The discount day usually falls on a Wednesday or Thursday.

Age Requirement: 60+

Restrictions: Participation, day of discount, and age requirement may vary by location. This Senior Rewards Program may require that one register at a local store to receive the 5% discount.

www.marsh.net

Meijer

Business Description: Food and merchandise store with over 180 locations in Michigan, Ohio, Indiana, Illinois and Kentucky

Discount: About once a month, Meijer offers a Senior Discount Day featuring 15% off General Merchandise. Senior Discount Days usually occur Monday or Tuesday from 6am to Midnight. Contact a local store for details and dates.

Age Requirement: 62+

Restrictions: Id is required. Excluded items include: gift cards, health, beauty and cosmetics products, prescriptions, gas, grocery, alcohol and tobacco products.

www.meijer.com

Morton Williams Supermarkets

Business Description: Morton Williams is a family-owned and operated food retailer of twelve stores in the New York Metropolitan area.

Discount: 5% discount every Tuesday.

Age Requirement: 62+

Restrictions:

www.mortonwilliams.com

New Seasons Market

Business Description: Locally owned grocery with 7 locations. Large stores featuring specialty organic and health foods, along with conventional grocery items.

Discount: Receive a 10% discount every Wednesday on almost everything in the store.

Age Requirement: 65+

Restrictions: Discount excludes postage stamps, gift certificates and a few other items.

www.newseasonsmarket.com

O'Malia's

Business Description: Headquartered in Indianapolis, Marsh operates 78 Marsh Supermarkets and 3 O'Malia's Food Markets in Indiana and Ohio.

Discount: 5% discount one day every week, available at select locations only. The discount day usually falls on a Wednesday or Thursday.

Age Requirement: 60+

Restrictions: Participation, day of discount, and age requirement may vary by location. This Senior Rewards Program may require that one register at a local store to receive the 5% discount.

www.omalias.com

Pathmark

Business Description: Pathmark is a supermarket chain headquartered in Montvale, New Jersey.

Discount: Every Monday, save 5% on purchases over \$30.

Age Requirement: 55+

Restrictions: Must have coupon and Club Card to redeem discount. Coupons can be found on the Pathmark web site or in local circulars.

www.pathmark.com

Piggly Wiggly

Business Description: America's first true self-service grocery store, there are more than 600 Piggly Wiggly stores servicing communities in 17 states. All Piggly Wiggly stores are independently owned and operated, and are located primarily throughout the southeast and as far

Discount: Some locations may offer a senior discount of 5% one day a week. Since each store is independently owned and operated, participation, age requirement and discount amount will vary from store to store. Please check with a location near you to see if a seni

Age Requirement: 55+

Restrictions:

www.pigglywiggly.com

Publix Super Market

Business Description: Founded in 1930, Publix Super Markets is the largest and fastest-growing employee-owned supermarket chain in the United States.

Discount: On Wednesdays only, customers 60 and older receive 5% off. Check your local stores for exact details.

Age Requirement: 60+

Restrictions: Excludes alcohol, tobacco, lottery, money orders and postages stamps. Available in Select Stores only and does not include stores in Florida.

www.publix.com

Save Mart Supermarket

Business Description: Save Mart Supermarkets is a privately held food chain headquartered in Modesto California. The company operates stores throughout the Central Valley and San Francisco Bay area, under the names of Save Mart, S-Mart Foods.

Discount: Some Save Mart locations may provide a 5% discount on groceries one day a week. The day of the discount may vary by location. Not all locations participate and you one must inquire at a local location as to its senior discount policy.

Age Requirement: 55+

Restrictions: Discounts are only available at a limited number of Save Mart locations and the participation, discount amount, age requirement and day of the discount will vary by location. Please inquire at a local location for its senior discount policy.

www.savemart.com

Scolari's Food & Drug

Business Description: Scolari's Food and Drug is an independently owned supermarket chain based in Sparks, Nevada.

Discount: 5% off on Tuesdays.

Age Requirement: 62+

Restrictions:

www.scolaristores.com

Shop 'n Save (Please do not confuse with Shop N' Save in Illinois and Missouri)

Business Description: Locally owned and operated, SHOP 'n SAVE currently operates 70+ supermarkets within Western Pennsylvania, Eastern Ohio, and West Virginia.

Discount: Some Shop N Save locations offer a discount. Typically the discounts is 10% and available one day a week, either Tuesday or Wednesday. Check with a local Shop N Save for participation and information.

Age Requirement: 55+

Restrictions: Participation, age requirement and discounts amount can vary by location. Please call or inquire for details.

www.shopnsavefood.com

ShopRite

Business Description: ShopRite Supermarkets is a retailers' cooperative (co-op) chain of supermarkets in the Northeastern United States, in the states of New Jersey, New York, Connecticut, Delaware, Maryland and Pennsylvania.

Discount: Some locations will provide a 5-10% discount on Tuesdays or Wednesdays.

Age Requirement: 60+

Restrictions: Participation, discount amount, day of discount and age requirement will vary by location, as each location is independently owned and operated.

www.shoprite.com

Super Fresh

Business Description: Super Fresh is a chain of supermarkets located in Pennsylvania, Maryland, Delaware, and New Jersey.

Discount: Customers 55 and older receive a 5% discount every Tuesday on purchases over \$30. Must present coupon and Club Card at time of purchase. (Coupon is available on Super Fresh web site or in local flyers.)

Age Requirement: 55+

Restrictions: Please inquire at the Customer Service desk if the store offers this senior discount program. Participation may vary by location.

www.superfreshfood.com

Trade Fair Supermarkets

Business Description: Local supermarket chain in New York State.

Discount: 10% discount every Wednesday.

Age Requirement: 65+

Restrictions: Participation, discount amount and age requirement may vary by location. Check the local store for participation and details.

www.tradefairny.com

Uncle Giuseppe's Marketplace

Business Description: Locally owned and operated Italian-Style Marketplace.

Discount: 5% discount every Wednesday.

Age Requirement: 60+

Restrictions: Excludes sale items and catering.

www.uncleg.com

Wesselman's

Business Description: Wesselman's Supermarkets has been serving Evansville, Mt. Vernon and Newburgh since 1933. They are committed to bringing our customers: Fast Friendly Service, Everyday Low Prices, Quality Products and a Large Selection.

Discount: 10% discount every Tuesday.

Age Requirement: 60+

Restrictions: Restrictions may apply.

www.wesselmans.com

(SeniorDiscounts.com does its best to make sure this information is accurate and up to date. If you see anything we should change, please let us know.)

(If you notice that we have missed some grocery stores in our list, please let us know.)